

2026 Contributions



TOTAL MONTHLY CONTRIBUTIONS

LA KEYPLUS				
Income	Member	Adult	Child Dependant	Maximum 3 Child Dependents
R0 – R12 000	R1 634	R1 427	R597	R1 791
R12 001 – R16 800	R1 722	R1 506	R628	R1 884
R16 801+	R2 593	R2 308	R968	R2 904

LA FOCUS				
	Member	Adult	Child Dependant	Maximum 3 Child Dependents
	R3 400	R2 195	R997	R2 991

LA ACTIVE				
	Member	Adult	Child Dependant	Maximum 3 Child Dependents
	R4 166	R2 802	R1 382	R4 146

LA ENGAGE				
	Member	Adult	Child Dependant	Maximum 3 Child Dependents
	R5 000	R4 519	R1 500	R4 500

LA CORE				
	Member	Adult	Child Dependant	Maximum 3 Child Dependents
	R8 345	R7 533	R2 493	R7 479

LA COMPREHENSIVE				
	Member	Adult	Child Dependant	Maximum 3 Child Dependents
	R11 184	R8 539	R2 711	R8 133

Please note: The member portion of the total contribution is subject to the maximum subsidy capping amount.

For illustrative purposes only, the tables below reflect the portion of the total contribution you would have to pay if you receive a 60% subsidy. This was determined by taking into consideration the SALGBC maximum capping of R5 791.15 that will be effective until 30 June 2026. You will need to calculate your contribution if your subsidy is different, taking into consideration the maximum capping.

LA KEYPLUS

**In-service member's portion of contributions if a 60% subsidy applies.
SALGBC maximum 2026 subsidy of R5 791.15**

 Income	R0 – R12 000	R12 001 – R16 800	R16 801+
Member	R 654	R 689	R1 038
Member and Adult Dependant	R1 225	R1 292	R1 961
Member, Adult and Child	R1 464	R1 543	R2 348
Member, Adult and 2 Children	R1 702	R1 794	R2 735
Member, Adult and 3 Children	R1 941	R2 045	R3 122
Member and 1 Child	R 893	R 940	R1 425
Member and 2 Children	R1 132	R1 192	R1 812
Member and 3 Children	R1 370	R1 443	R2 199

LA FOCUS

LA ACTIVE

LA ENGAGE

LA CORE

LA COMP

**In-service member's portion of contributions if a 60% subsidy applies.
SALGBC maximum 2026 subsidy of R5 791.15**

Member	R1 360	R1 667	R2 000	R 3 338	R 5 393
Member and Adult Dependant	R2 238	R2 788	R3 808	R10 087	R13 932
Member, Adult and Child	R2 637	R3 340	R5 228	R12 580	R16 643
Member, Adult and 2 Children	R3 036	R3 941	R6 728	R15 073	R19 354
Member, Adult and 3 Children	R3 435	R5 323	R8 228	R17 566	R22 065
Member and 1 Child	R1 759	R2 220	R2 600	R 5 047	R 8 104
Member and 2 Children	R2 158	R2 772	R3 200	R 7 540	R10 815
Member and 3 Children	R2 557	R3 325	R3 800	R10 033	R13 526

Total annual upfront medical savings allocation

	LA FOCUS	LA ACTIVE	LA ENGAGE	LA CORE	LA COMP
Member	R10 200	R 9 624	R10 200	R14 496	R18 012
Adult	R 6 588	R 6 960	R 9 828	R12 672	R10 452
Child	R 2 988	R 3 984	R 4 500	R 5 820	R 4 560
Member and Adult Dependant	R16 788	R16 584	R20 028	R27 168	R28 464
Member, Adult and Child	R19 776	R20 568	R24 528	R32 988	R33 024
Member, Adult and 2 Children	R22 764	R24 552	R29 028	R38 808	R37 584
Member, Adult and 3 Children	R25 752	R28 536	R33 528	R44 628	R42 144
Member and 1 Child	R13 188	R13 608	R14 700	R20 316	R22 572
Member and 2 Children	R16 176	R17 592	R19 200	R26 136	R27 132
Member and 3 Children	R19 164	R21 576	R23 700	R31 956	R31 692

Note: maximum 3 child allocations per family, even if more children are registered on the Scheme

*LA Comp = LA Comprehensive

These contributions were submitted to the Council for Medical Schemes for registration. If there is any discrepancy between this document and the registered Rules, the Rules will always apply.

Client Services 0860 103 933 | service@lahealthms.co.za | www.lahealth.co.za